

Brigitte Heusser

Working with Movement :: Profound. Sustainable. Therapeutic.



- Brigitte Heusser is a certified Feldenkrais Practitioner, with a private practice in Winterthur (CH) since 2006.
- An academical Certificate of Advanced Studies in Dance Science at the University of Bern (CH) shows her deepened knowledge of motor learning & training.
- In 2020, she completed an advanced training with Nancy Aberle and Lynn Bullock called “WORKING with CHILDREN”. This training is specifically for children with special needs and uses theories & techniques of the Feldenkrais® Method and ABM NeuroMovement®.
- Her understanding of how movement can be used to shift states of being is enhanced by teacher trainings in the Sounder Sleep System™.
- Brigitte has a professional background in Contemporary Dance and Aikido (black belt).
- Her clients include children with special needs, musicians, dancers, people with neurological issues, chronic pain, people in rehabilitation after surgery or accidents, people looking for support in challenging life situations or sleep disorders.
- In 2023 she taught her first professional advanced training for Feldenkrais practitioners.
- Brigitte teaches in: English, German and French. (She understands a little Bosnian.)

Contact: Email: info@feldenkrais-heusser.ch
WhatsApp: +41 79 787 72 55
www.feldenkrais-heusser.ch

